

Waikato

ENVIROSCHOOLS



Making a Rainstorm

This is a game used to help think and talk about water. The game can be done on your own, but is better with others. The game begins with the whole group in a circle and by using fingers and hands, the group is led to one by one, tap and clap the actions. This builds to create a rainstorm.

Pick someone to lead and after a few goes ask an adult to film it and post on the Waikato Facebook group: <https://www.facebook.com/groups/waikatoenviroschools/>

How to play

1. The leader starts at one end of the circle, making eye contact with the first person, who begins to make the first action (rubbing hands).
2. The leader slowly goes around the circle, bringing in each person by making eye contact with them one by one. Each person who has been brought in continues with that action.
3. The leader then changes to the next action and once again makes eye contact with each person in the circle one-by-one.
4. The people continue with the first action until the leader comes around to them again, at which point they change to the second action.
5. The leader keeps going round the circle, starting a different action with each circuit (as listed in the box). This builds the rainstorm and then fades as it passes over.

Things to think about

How did it feel to be part of a rainstorm event? What do you think of when you think of rain? How does rainwater affect you? Where does the water from a rainstorm go? What questions do you have about rainwater in your area?

Actions

- Rub hands together (gentle breeze)
- Snap fingers (rain falling gently)
- Clap hands together irregularly (rain getting harder)
- Slap hands on legs (torrential rain)
- Stomp feet
- Slap hands on legs and stomp feet (the height of the rainstorm)

Ease the rainstorm off by reversing the actions

- Stomp feet
- Slap hands on legs
- Clap hands
- Snap fingers
- Rub hands
- Open palms (quiet)
- Remain silent for one minute to catch your breath and have a think...