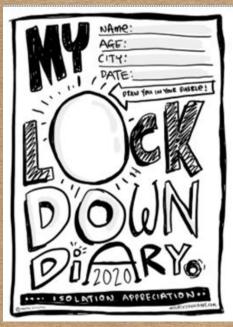
## Waikato ENVIROSCHOOLS

## What exceptional times!

## RECORDING THIS ONCE-IN-A-LIFETIME EXPERIENCE

COVID-19 is making a lot of things tough at the moment. For almost all of us, this is the first time we have experienced a lockdown, and chances are we will never experience this kind of situation again. Why not keep a record to save as a momento for your future self?

Stephen McCarthy has created a downloadable "Lockdown Diary" with daily prompts for record keeping, and weeks of activities. As well as that, it is filled with opportunities to reflect and appreciate



## Download from: www.mylockdowndiary.com

Here are some sample pages:





