Waikato Region Quality of Life



Key highlights 2024

The 2024 Quality of life survey measures people's perceptions of several aspects related to quality of life.

A random selection of residents were invited to participate either online or via hardcopy questionnaire. The Waikato Survey was completed by 1,257 people aged 18 years and over between April and August 2024.

Quality of life



Rate their overall quality of life positively



Say their quality of life has changed compared with 12 months ago

Top 3 reasons for improvement

- Health and wellbeing
- Lifestyle
- Financial wellbeing

Top 3 reasons for decline

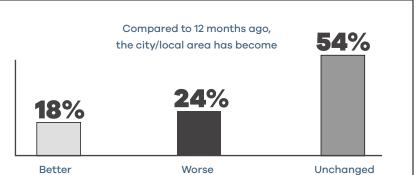
- X Financial situation
- X Health and wellbeing
- X Work situation



Think their city or local area is a great place to live



Are really happy with how their city/local area looks and feels



Perceptions of housing (% strongly agree or agree)



Home suits the need of the household







Use public transport weekly (or more often) Perceptions of public transport in local area (% strongly agree or agree) (of those that have public transport in their area)



50%

41%

39%

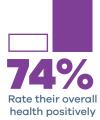
Easy to get to

Affordable

Frequent

Reliable

Safe





Were physically active on 5 or more days in the past week



Always/most of the time experience stress with a negative effect

Have someone to rely on during a difficult time for **Practical support**

Top 3 barriers to seeking healthcare

Long wait time

Financial concerns

Appointment time didn't suit

Waikato Region Quality of Life Key highlights 2024

Perceptions of problems in city/local area (% view as a problem in the last 12 months) 74% 66% 66% 60% 55% 50% **Crime & Safety** 50% 27% Rubbishi iiter Hoise dt right Troffic Eurist And Hespind in their neighourhood after dark

Community, culture & social networks

Believe a sense of community in neighbourhood is important

Feel a sense of community

in their neighbourhood

49%

62%

Top 3 social networks and groups

Clubs and societies

Hobby or interest groups





Never or rarely feel isolated

46%

Consider racism/ discrimination an issue

Economic wellbeing



Employed (full or part time)



Satisfied with work/life balance (of those in paid work)

35%

43%

35%

Have more than enough or enough income to cover costs of everyday needs

Have 'just enough' income to cover costs of everyday needs

Worry about their financial circumstances always or most of the time

56%

Say that trust in people in their city/local area

Trust in institutions (% with high trust rating)

50% 45% 43% 39%

28% 24% 23%

Paper Scientists Librarion Health Media Conference C

imate



Worried about the impact of climate change on the future



Say they have a good understanding of climate and its impacts 51%

Too much water (flooding, storms)

Say they are ready to face:



Not enough water (drought, water supply)



Heat, fire

Council



32%

Are confident in their local council's decision-making



35%

Believe the public has an influence on council decision-making